



Hsin Lu Tao Academy of Martial Arts

JUNE 2009

5301 Salem • El Paso, Texas 79924
915-781-8656 • www.hsinlutao.com

SUN	MON	TUE	WED	THU	FRI	SAT
	1 5:30 pm Kata 6:15 pm Kata	2	3 5:30 pm Throws 6:15 pm Ground Work	4	5 5:30 pm Weapons 6:15 pm Weapons	6
7	8 5:30 pm Kata 6:15 pm Kicks	9	10 5:30 pm Redirects 6:15 pm Self Defense	11	12 5:30 pm Weapons 6:15 pm Weapons	13
14	15 5:30 pm Kata 6:15 pm Kata	16	17 5:30 pm Redirects 6:15 pm Locks	18	19 5:30 pm Self Defense 6:15 pm Weapons	20 INSTRUCTOR TRAINING 11 a.m. to 3 p.m.
21	22 5:30 pm Kata 6:15 pm Hubut	23	24 5:30 pm Rolls/Falls 6:15 pm Throws/Sweeps	25	26 5:30 pm Open 6:15 pm Open	27 WOMEN'S PERSONAL DEFENSE WORKSHOP 1 p.m. to 5 p.m.
28	29 5:30 pm Kata 6:15 pm Redirects	30				

UPCOMING EVENTS

- Saturday, June 13th, Karate Testing, 10 am, Hsin Lu Tao HQ
- Saturday, June 20th, Instructor Training Camp Phase II, 11 am–3 pm, Instructors/Hsin Lu staff, Brown Belts & above, and Law Enforcement Officers only
- Saturday, June 27th, Personal Defense Workshop Level 1, \$20.00 per person, 1 pm–5 pm
- Saturday, June 27th, Soke Sal Moralez Birthday Dinner, Landry's 8 pm
- Saturday, July 18th, Personal Defense Workshop Level 2, \$20.00 per person, 1 pm–5 pm

CLASS LEGEND

M-W-F

5:30 pm Children & Beginners

6:15 pm Intermediate, Advanced & Adult